

Alters

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1. What Is An Alter And What Causes It's Creation

- A. It is a wounded part of our soul. (Refer to Pie Chart)
- B. Medical & psychiatric community, i.e. Bi Polar, M.P.D. (multiple personality disorder), D.I.D. (dissociative identity disorder), Alternate Personalities, PTSD (disassociation/alters), Manic-Depressive.
- C. The ability to disassociate is NOT a disorder, but a gift from God, as a way to cope with trauma.
- D. Alters are caused by trauma; physical abuse, physical pain, or verbal abuse, resulting in an overwhelming emotion or pain that the core person can't handle.
- E. Alters purpose: Hold the emotion or pain so the core person can continue to function.
- F. People may have no Alters, one Alter, or many Alters. (SRA's may have thousands)
- G. Alters can be created as early as, in the womb and into very advanced ages, 80 plus years old.
- H. As coping skills increase, fewer Alters are created. We have seen 80 year old Alters. Example: screaming at a 2 year old vs. a 50 year old.

2. Characteristics and Effects of Dissociation (Alters)

- A. People with dissociation are commonly highly intelligent, they must be. Those with 5, 10, or 100 different personalities must be bright to keep them all straight.
- B. Some effects of dissociation are depression, cutting or self harm, constant uncontrollable fear, anxiety, or rage, voices, and emotional overreaction. Ex: a depressed person has an Alter carrying emotion turned inward on the core.
- C. Can stay in an Altered state for just a moment, a day, or years. If there is a loss of time, this would be good indicator of dissociation.
- D. Another indicator of Alters would be having trouble reading the Bible or praying. Some Alters know Jesus, many don't. Some Alters are mad at or hate God which may cause the core person to not want to read the Bible or pray. Fist Example:

- E. The core person may be amnesic, partially, or fully conscious of the trauma.
- F. Very Important. Alters know why they were created! They know their job is to carry the pain or emotion. The Alter knows what the emotion is. **The exact emotion is the most important thing you need to find out from the Alter. ***Go over the Alter Script now.
- G. Core person may or may not hear the Alter talk about the incident. God may have determined the core isn't ready to hear it or they are not ready to handle it.

** Don't ever tell the core what the Alter experienced!
Only ask what they heard.

** Ask the Holy Spirit to bring to the core's memory what happened. The Holy Spirit will only bring to mind what they can handle.

3. Healing The Woundedness: How The World, The Church, and We do it.

A. The World - In the medical community they use counseling, self help books, therapy, psychiatrists, or drugs. Refer to the pie chart and why it doesn't work without Jesus.

- Pain won't go away without Christ's healing
- Demon's won't allow psychiatrist to break the Alters curse or forgive

B. The Church – Read your Bible, pray more, go to Church more, listen to Christian music, or get Christian counseling.

C. Our Method – Have Jesus take the emotion or bring truth to Satan's lie.

4. The Relationship Between Alters and Demons

A. The trauma or resulting emotion is the entry point for Demons.

- B. When someone says they are tormented by an emotion; they're feeling an Alter being tormented by a Demon.
- C. The emotion held by the Alter (or belief of a lie, Ex: Guilt, or Shame) is a legal right for the Demon to stay. The Demon may attempt to interfere with the Alter breaking the curse or forgiving.
- D. The emotion held by the Alter is the name of a Demon they have. Find out the exact emotion from Alter.
- E. ****Alters with a Demon tormenting it can hurt you!**
Always do some "self talk" before working with Alters.
(SEE SELF TALK PAGE)

5. How We Get An Alter to Talk To Us

Example: A Core person may be nervous, scared, doesn't know what to expect, they're distracted, never heard of dissociation, embarrassed that they may have brokenness, or they may have Demons that are interfering.

- A. A great question to use is: What's the worst thing that ever happened to you...especially as a kid?
- B. Ask: Did this happen here in this city? Get their age, state, city, (outdoors or indoors), which room, words spoken (perpetrators and yours.) Get sensory details... sights, sounds, smells, etc. ****What was the worst moment of the trauma, and what was the emotion?**
- C. Tell the client to go back to that time in their mind.
- D. Divide soul and spirit. (Hebrews 4:12)
- E. **Example:** I speak to that 4yr old back in Ohio, that 4yr old that was at his uncles house, that 4yr old that made his uncle mad, that 4yr old that was drug down those basement stairs, that 4yr old that was thrown onto that cold cement floor, that 4yr old that could smell that beer and cigarettes on his breath, that 4yr old that heard his uncle yelling and screaming..."I'll teach you to Never touch my stuff!.. That 4yr old that was getting hit with that board all over his body, that 4yr old that was crying and screaming No! No! No! Stop! Stop!

- F. Now speak in the third person to that 4yr old, about the emotion the core person said they felt. “And Robert said he felt terror...can that little boy hear me? Nod or a yes.. What’s the feeling you hold for (Robert)...Alter Script...

***If nothing comes up...

- G. Have Core go to a different “point of pain” and **FEEL** it!
H. Have Core do more “self talk” giving the Alter the “right to speak”.
I. If Core pops in and out and gets in the way, divide soul and spirit with the sword (Heb 4:12) and keep talking in the 3rd person.

6. Problem Alters, Their Difficulties & Ways to Deal With Them

- A. Angry Alters – have a right to be angry and won’t give it up or forgive.
B. Protector Alters – won’t let you get to the other Alters or Core when threatened. These Alters may hate God – believes God wasn’t there or God actually caused the trauma. Proverbs 18:19
C. Destructive Alters – does destructive activities to Core. These Alters thinks the Demons helps or is its friend. These Alters carry more than one emotion which gives the Demons several legal rights. Original pain+ a lie.
D. Hysterical Alters – You can’t even talk to these Alters because they are too traumatized or still in trauma.
SOLUTION - Find a way to get Jesus involved ASAP and use God’s word on the alter.

7. Generational Alters

This is how Satan brings curses forward from generation to generation. These are trauma memories imprinted on the DNA coming through the bloodline.

** You’ll usually only know there’s a generational alter from the existence of a generational demon.

** The curse isn’t broken until it’s broken!!

- A. Generational Alters DON'T hold an emotion for the Core, they carry the curse ... that's their job and "they know it".
- B. Many generational Alters are of the opposite sex.
- C. Most generational Alters know the name, age, the trauma and the curse.
- D. How to call up a generational Alter:
 1. Ask for the one who carries the curse, and name the number generations. "You got this information from the Demon."
 2. Ask for the one who comes down through the bloodline who carries the curse of that certain emotion. The one who cries out from the blood.
 3. Ask for the one who was there at the root of the curse.
- E. Generational Alters may carry more than one curse.
IMPORTANT – Use the word "generational" when breaking generational curses.
- F. Jesus ALWAYS takes these Alters to after curses are broken.

Five Things That Don't Fit Into Any Other Category

- **Switching**. This happens between the Core, the Alter, and the Demon. Watch the eyes for heavy blinking or physical and personality changes.
- **Demons NEVER cry**. If you see tears, it's an Alter or the Core.
- Some Alters act like Demons and vice versa. If you are not sure ask the question; Are you spirit or flesh? An Alter may not know, but a Demon knows its Spirit, and is proud.
- Jesus may occasionally want an Alter to stay with the Core.
- SRA victim Alters may not be able to say, or hear, the name of Jesus. So, try using the Lamb, J.C., or the Nazarene.

ONE WORD ANSWER (CLOSED END) QUESTIONS

1. Are you there?
2. Will you let me help you?
3. What feeling do you carry for _____ ? (Core)
4. Would you let God take away that terrible feeling?
5. Have you been carrying that feeling for a long time?
6. What pain do you carry for _____ ? (Core)
7. Do you remember what happened?
8. How old are you?
9. Who hurt you? Was it _____ ? (Name of person that possible did it)
10. What are you feeling?
11. Have you ever talked before?
12. Would you come up and talk to me?
13. Have you ever spoken?
14. What is your name?
15. Are there any dark or scary ones there with you?
16. What do you do for _____ ? (Core)
17. Does _____ (Core) know you are there?
18. Can you hear me?
19. Are there any other wounded parts of _____ (Core) there?
20. What do you hold for _____ ? (Core)
21. Do you know Jesus like _____ (Core) does?
22. How do you help _____ ? (Core)
23. Ask the Holy Spirit to give this part of _____ (Core) one word – the feeling it carries.

Self Talk

If there are any wounded parts in me, I want to be healed and I want you to be healed. This is a safe place, and ___ is safe. I love Jesus, and I want every part of me to know him too. And I want you to come up and answer _____'s questions.

I speak to the wounded parts of _____. I want you to look out of the eyes of _____ and look into my eyes and see that Jesus is in me, and I won't hurt (him/her)

DELIVERANCE CURSE BREAKING PRAYERS

ANCESTORAL PRAYER FOR THE OCCULT:

Dear Lord,

Through ignorance or willful sin, I may have sought supernatural knowledge apart from Your word, and I ask You to forgive me. I renounce all occultic activities. I also renounce the sins of any ancestors, that were involved with the occult. I ask you to release me from all curses, from my mother's or father's side, all the way back to Adam and Eve.

I renounce all ceremonies, oaths, dedications and blood covenants, of any ancestor, that performed animal or human sacrifices and drank animal or human blood. I believe that You Jesus, are the only sacrifice necessary....in Jesus name.

FORGIVENESS PRAYER:

Dear Heavenly Father,

I ask you to help me to forgive, to the best of my ability, all the people that have hurt me, such as _____. I also forgive myself, for anything that may have happened. I don't want to carry that unforgiveness. So I release it now....in Jesus name.

FORGIVENESS OF ALL SEXUAL SINS:

Father I ask for forgiveness of all the sexual sins I have committed, and I ask You to release me from any curse it has brought in to my life. I now keep all these doors closed....in Jesus name.

DELIVERANCE INFIRMITIES

UNFORGIVENESS:

*Bitterness
Resentment
Retaliation
Anger
Hatred
Violence
Murder

SOUL TIES:

Give back
Take back
Cut off flesh relationship

HEALING: (who hurt you?)

**same as Unforgiveness

CEREBRAL PALSY:

Rejection (mother in 4th mo.)

ALZHEIMERS:

Extreme rejection

ASTHMA:

Abandonment - or fear of it

SCHIZOPHRENIA:

Rebellion & Rejection

ARTHRITIS:

Bitterness & Self rejection

OSTEOPOROSIS:

Envy & Jealousy

DIABETES:

Self hate _ Self rejection

**Females: rejection by significant male

MULTIPLE SCLEROSIS: Deep self hate & Guilt

CANCER: Bitterness - Rejection

BREAST CANCER: Left: Mother

Right: Other female

Self Inner Healing

- 1. Pay careful attention to your emotions.**
- 2. When you have an elevated emotion, take notice of events that are triggering the emotion.**
- 3. Afterwards, determine if the event (on a scale of 1 to 10) warrants this high of an emotion, or if you are over-reacting.**
- 4. If you determine that you're over-reacting, it's telling you that there is a wound that still needs to be healed.**
- 5. Remember as many details of the event as possible...place, people, words, and sensory details.**
- 6. When you get home or to a quiet, peaceful place, say "I divide soul and spirit," then take yourself (in your mind) back to the event that triggered the over-reaction. Use the event details in your memory to trigger that adverse emotion. REALLY GO THERE in your mind and let the emotion come up again.**
- 7. At this point, out-loud ask, "Jesus, please come and heal this part of me."**
- 8. Jesus will come and either "take the emotion or heal the wound by speaking to you." When you feel the emotion lift or hear His Words, the wound is healed.**
- 9. After the wound is healed, tell all the demon on that wound to go to the pit, "in Jesus name."**

ALTER SCRIPT

1. What's the feeling you hold for, (person's name)?
2. How old are you?
3. What happened to you?
 - A. Jesus, please come and take the (emotion).
 - B. I break the curse of (emotion), and forgive (perpetrators).
 - C. You just go with Jesus.